

Protect Yourself...Protect Them...Get Vaccinated for Flu & Whooping Cough

Protect Yourself

Child care providers are exposed to many germs and diseases. Immunizations can prevent many illnesses, including flu and whooping cough (pertussis).

Protect Them

You can spread the flu and whooping cough to children you care for even before you feel sick. By getting your vaccines, you can avoid missing work, and avoid getting a child sick.

Get the flu vaccine every fall. Get your Tdap (whooping cough) vaccine now.

Vaccines are a safe and effective way to help you stay healthy. Talk to your doctor about these vaccines and any others you may need.

Have questions:

Contact your doctor or local health department or call the North Carolina Immunization Branch at 919-707-5550.

North Carolina Department of Health and Human Services
Division of Public Health / Immunization Branch
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