

Protect yourself, protect patients. Schedule your influenza immunization today!

It's time to face the facts about influenza risk in health care settings

- **FACT:** Unvaccinated health care workers can be a key cause of influenza outbreaks in health care settings.
- **FACT:** Only 38% of health care workers receive a yearly influenza immunization, despite longstanding recommendations from the Centers for Disease Control and Prevention (CDC) and other major medical groups.
- **FACT:** You can't get influenza from the inactivated vaccine, because it's made from killed virus. Remember that you need a new vaccination every year, because each immunization only lasts for one season.

Data from the National Foundation for Infectious Diseases (NFID), 2004.



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